



July Monthly Needs List

This list will be updated every month, please understand that you may see the same items repeated monthly because we use these items on a daily basis.

Coffee
Air Freshener/febreze
Paper plates and Bowls
33 Gallon large black garbage bags
Snack foods (Granola bars, fruits, Fruit snacks)
Breakfast Cereals
Breakfast Meats (Bacon, Sausage)
Meat Products (Ground beef, chicken, pork)
Laundry Detergent and Bleach
Bathroom Cleaners
All Purpose Cleaners
Disinfectant wipes
Canned goods(peas, green beans etc.)
Paper Towel
Napkins
Baby Wipes
Hair Products (Mousse, hair spray, gel)
Hair Ties
Deodorant (men & women)
Cheese/Shredded Cheese any flavor
Disinfectant Spray
Floor Cleaners
Diaper sizes newborn, 4, 5, 6
Over the counter medicine (Tylenol, Ibuprofen, Tums, Pepto)
Cold Medicine (DayQuil, NyQuil, etc.)
Band-aids

***We go through quite a bit of meat here at the Freedom House but even just donating a pound or two pounds, would be greatly appreciated. No amount is too small.**

***Items that bolded on our list are things we are in need of the most during this time.**